

SPARKS

Fall 2016





That Moment You Realize

that Call to Quarters better be extra long because
you're going to need a serious shower.



A Letter from Jimboy



Greetings Greystone Girls!

We are busy getting camp ready for our 98th summer (we started work as soon as you left!). There is a lot to tell you about, many things that will add up to making next summer our Best Summer Ever. We hope that this issue will help keep your Greystone fires burning bright; also remember to check in on the blog and read our daily devotions in order to have a Great Day Every Day!

In this issue you will “meet” our Intern (Caroline) and Junior Camp Program Director (Alli), see a bunch of funny pictures, get a report on the Dog Camp dogs, learn a little history, and find out how to make some Greystone breakfasts you can take on the go. This will certainly be an issue to keep for years to come!

We have already started work on some new projects for next summer. Every cabin in camp will get a second shoe rack for the porch, the bathrooms are getting freshened up with tile repairs and new toilet seats (more than you wanted to know?), the Fine Arts Center is expanding the middle Crafts’ rooms and adding ceiling fans, the Ceramics area is getting refurbished, and we are planting over 10,000 pounds of grass to refurbish our fields, lawns, and pastures. It is going to be a busy year!

Thank you for being such great friends to camp. We look forward to seeing you soon!





8 Ways to Keep Breakfast Club Going this School Year

Did you love Breakfast Club this past summer? Want to live out Breakfast Club at home? Try these eight tips to make every day a Great Day!



- 1 Smile!** It's the first thing we teach you at camp, and it's the best way to meet new friends at school.
- 2 Fill your body with *good things*.** This means healthy food, uplifting music, and the right kind of movies – it makes you feel good!
- 3 Get moving.** Whether it's PE, a sport, or just taking a walk, get that heart rate up for a little bit every day.
- 4 Make *time for Jesus*.** Read a devotion, pray on your way to school, or go to church with your family. If you make time for Him, everything else will fall into place.
- 5 Put down the phone and *have a DMC*.** You'd be surprised what great conversations come from focusing on the people you're with.
- 6 Set goals** for this semester. Want to make an A in math? Play your violin on stage? Make a plan and accomplish that goal!
- 7 Claim the day.** Just because it's a school day, doesn't mean it can't be a Great Day. Clap your hands and say you feel terrific!
- 8 Feeling out of sync?** Make sure you're **growing spiritually, socially, mentally, and physically** every day. You'll be feeling like you do at camp in no time!



We are so thrilled about our new Staff Intern joining the team this year. Hip hip hooray for:

Caroline Giraud

***also known as Carol
or Elegant Eunice**

We are so excited to have Caroline on our year-round staff! Caroline grew up in Birmingham, AL and currently lives in Greenville, SC. She has been on staff for 5 years as a counselor, Group Leader and now, Intern. Caroline is a huge asset to the group, and we are thrilled to welcome her to the year-round team!

Things about Caroline you may not know:

- **Favorite camp food:** Ham and apples
- **Favorite Evening Program:** Carnival
- **Candy Shoppe treat:** FritFrat
- **Starbucks drink:** Regular cup of coffee - keeping it classic
- **Favorite camp activity:** Frisbee throwing on the Pageant Court after a delicious Gervais dinner
- **Activity you want to teach:** Fencing
- **Hidden talent:** Making up “Would You Rathers” or being Elegant Eunice

To learn even more about Caroline, check out our Meet Caroline post on the blog!





We are so very excited to welcome and introduce our new Junior Camp Program Director:

Alli Kilby

Alli is a great addition to the Junior Camp Staff! Alli grew up in Charleston, SC and currently lives in Hendersonville, NC with her husband, Josh, who works on Greystone's maintenance staff. Alli was a camper for 7 years and has worked on Kitchen Staff for 15 years. She is also the Kitchen Head Counselor during the summer.

Things about Alli you may not know:

- **Favorite camp food to eat:** Any form of Taco - Fish Taco, Taco-in-a-Bag
- **Favorite camp food to make:** Mushroom Risotto
- **Favorite camp activity:** Landsports
- **In the winter, I love to:** Take our dog, Moose, to the pool
- **Something we don't know:** I have a Math degree
- **Most looking forward to:** Planning the Junior activities and working with the staff!

To learn even more about Alli, check out our Meet Alli post on the blog!

Greystone



1920

Our First Summer
With 84 campers, Greystone kicks off its very first summer. Women were also given the right to vote this same year!



1928

First Bday Ball
Now a part of camp for 90 years, this camp tradition is still loved by so many of you each summer.



1944

25th Summer
Despite being the middle of WW2 and having a polio quarantine at camp, Greystone keeps going strong.



1969

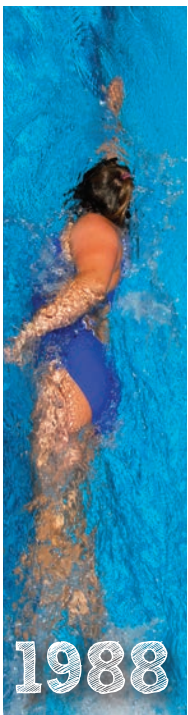
50th Summer
If our 50th summer wasn't enough to celebrate, the first man landed on the moon to much celebration at camp!



1971

Hard Courts
Our first hard-surface tennis courts went in this year, continuing the tradition of Greystone girls who love taking tennis!

Timeline



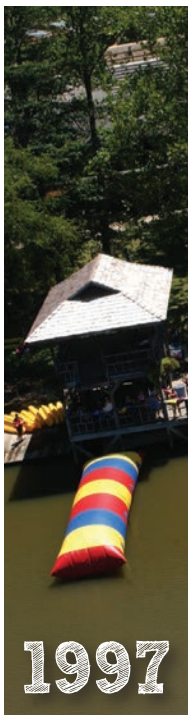
1988

Swimming Pool
Girls were so very thankful for our first swimming pool so that they no longer had to swim in the lake.



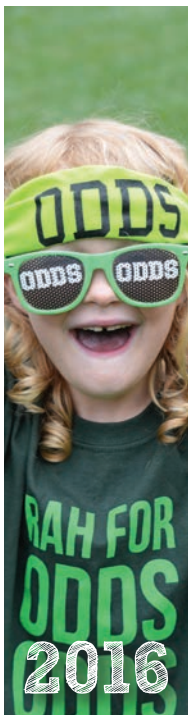
1994

75th Summer
We reached our 75th summer! At this point in camp, we had built the gym and had added both June & August camps.



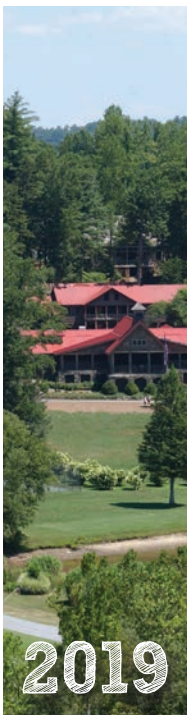
1997

Waterpark
Many of you rejoice at the idea of Waterpark still to this day, and girls in the late 90's were very thankful for the fun addition.



2016

97th Summer
This past year in 2016, we celebrated our 97th summer at camp, and by far, our very best summer ever!



2019

100th Summer
We are a mere 3 summers away from our big centennial celebration at camp. What's in store? We don't know, but we just can't wait!!



New Campers: Learn the Inside Scoop

We absolutely LOVE our new campers at Greystone! We cannot wait for you to join us for your first summer – you are going to have a blast. This spring, we will be sending many fun mailings and information your way so that you are prepared for the summer. In the meantime, here is **some inside scoop** on some things you will want to know before you come.

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Costumes

Every Greystone camper brings costumes with her, and you will definitely want to add some to your trunk. If you have an old ballet outfit, an old Halloween costume, or just anything silly, it will be perfect for camp!





Campers like making their bunk space feel homey; many will bring a few bunk decorations to spruce up their space. From pictures to cute pillows to a fun blanket, think about a few things you might want to bring in order to make your bunk feel special.



One-Piece Bathing Suit

We only wear one-piece bathing suits at camp, so if you don't have one, make sure to start looking. It's great to have a few, so that you're not always wearing a wet suit. Bring on the one-piece tan!



Green and Gold Competition

At all of our sessions, we have a friendly Odds (green) vs. Evens (gold) competition. You are placed on a team based on your cabin number, and throughout your session, you'll have different ways to earn points for your team. Since you don't find out your cabin number until you arrive at camp, throw something green and gold into your bag so you're prepared for either team. You can also purchase a team shirt at our Store on Opening Day.

Sandals: Chacos

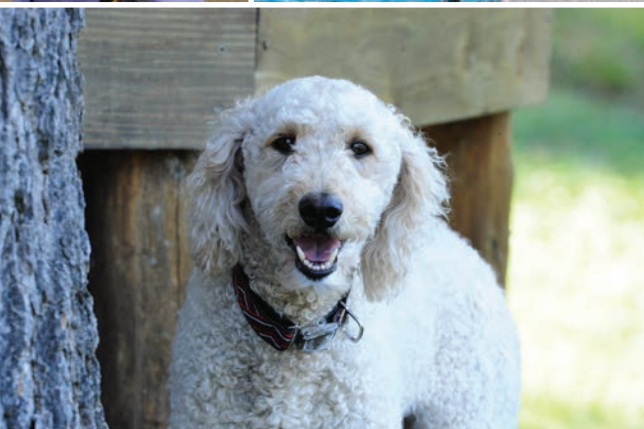
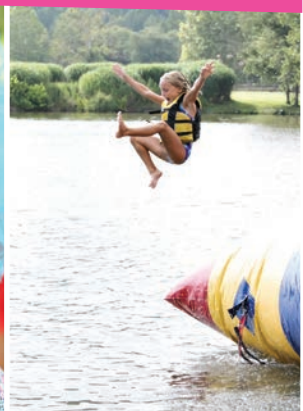
So many girls at camp love wearing Chacos. They are perfect for rainy days, times when it might get a little muddy, for events like Carnival, and for activities like Canoeing. And, everyone loves working on their very own "Chaco tan" during the summer. Might be a good Christmas present?





The Best of the Summer

What did you learn this summer at camp? Some pretty amazing things!



I learned that a 5% chance of rain means it can still pour!
-Hope, Main camper

That advanced synchro will not in fact
kill you but can be fun. -Lucy, Main camper

God loves me no matter what.
-Drew, June camper

Always freeze your twix!
-Jill, August camper

MeMe is SO lazy.
-Hadley, Junior camper

How to take an ice cold shower in the dark.
-Sumner, Main camper

The blob isn't scary; it is
lots and lots of fun.
-Lilly, Main camper

I learned that Converse
College is a real college.
-Kathryn, June camper

That Jimboy can make a
5 minute joke 20 minutes long.
-Charlotte, Main camper

Smile, and people will smile back.
-Frankie, Junior camper

I'm a leader.
-Wheezy, Main camper

I need chickens.
-Caroline, Aug camper



Bringing Home a Dog Camp Dog



At the end of each summer, all of our Dog Camp puppies are adopted by wonderful friends and family of Greystone. Ever wonder what it is like bringing home a Dog Camp dog? Our Junior Camp Head Counselor Kelly Pinkley gives us the inside scoop.

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Hello Greystone girls! We were so lucky to bring home Winston to the Pinkley family! My family thought Winston was too preppy of a dog-name for our family, so we chose Ash for his new name, to

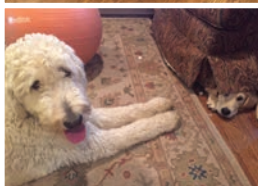
stay with the NC city name (Asheville). He has been such a fun addition to our family!

The Greystone campers got him off to a great start! He is happy to stay in his crate for several hours, which leads to peaceful nights. In addition, he knows how to sit and walk on a leash. Since he was used to being surrounded by so many people, he is unfazed by new situations and surroundings. He also lets you hold him and carry him like a baby which is due to so many great Greystone girls taking care of him!





He loves his big brother Hickory, who is a two-year old Golden Doodle (like Meme). They spend all day running, wrestling, chewing on sticks and then they like to snuggle for nap time! We live near a river, and they love to go swimming.



Ash knows how to sit and stay, and he rings the bells on our door when he wants to go outside. We are working on shaking and better manners when he walks on a leash. He loves digging holes in our yard! He was very proud of himself last week when he caught his first mole. When he's inside, he loves to rest on his dog bed. He pulls it all over our house until he finds just the right spot!

Thank you to all of you Greystone girls for helping teach and train our new dog! Dog Camp helped Ash fit right into his life at home.



Updates on other Dog Camp pups



Remy

Loves: barking at the bad guys on TV and chasing tennis balls

Charlotte

Loves: going hiking, her rubber ball, going on walks, and seeing Banks
Tricks: aced her Good Citizen class



Banks

(goes by Jimmy Carter)

Loves: hiking, chewing on things
Tricks: knows how to heel and loves to put the end of his leash in his mouth and take himself on walks




Boone

Loves: a toy fox and toy duck
Tricks: Sitting on command and walking

Hazel

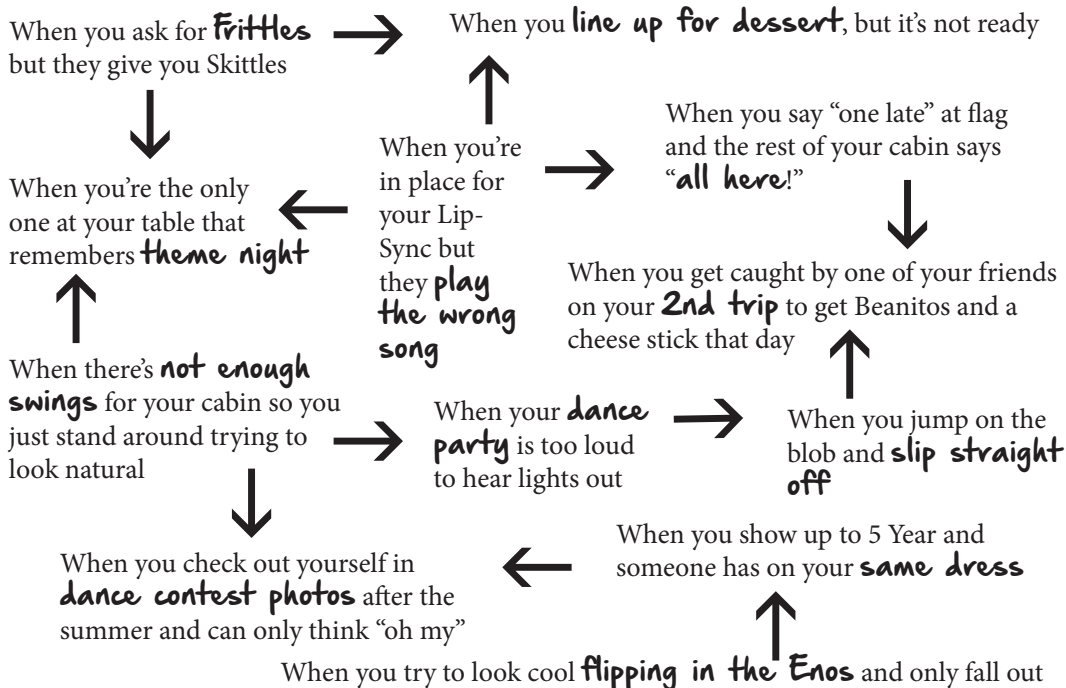
Loves: Birthday Parties! Hazel has already been to her first dog birthday party for a furry friend on the street. They even had dog goodie bags with bones and other treats!



A photograph of two people, a man and a woman, peeking out from behind a light-colored curtain. The man is wearing a red and blue plaid shirt and glasses, and the woman is wearing a red shirt and glasses. They both have surprised or excited expressions.

The Ode to Camp Awkward

We embrace the funny, weird, and awkward at camp. How many of you have experienced these #campawkward situations?

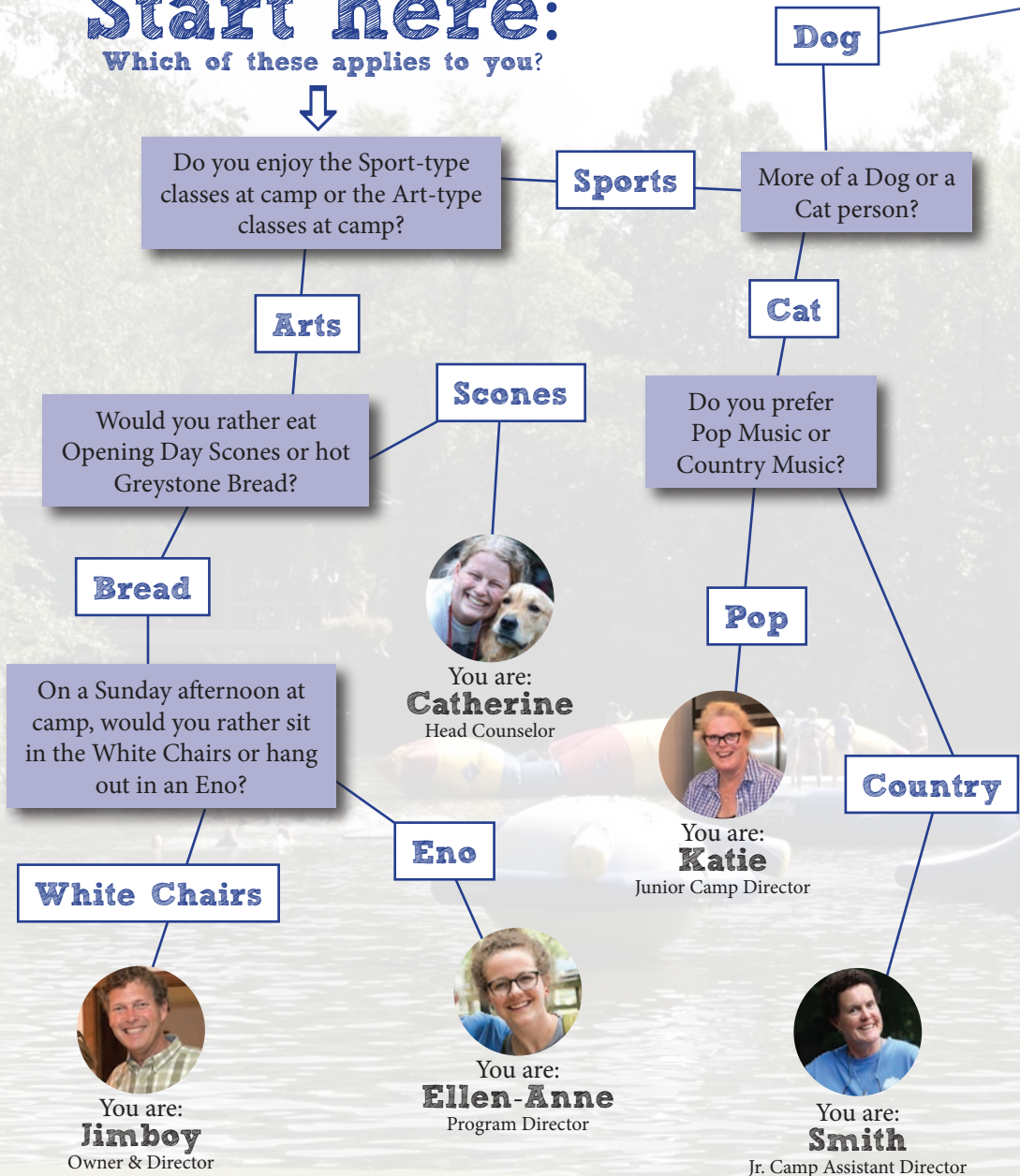


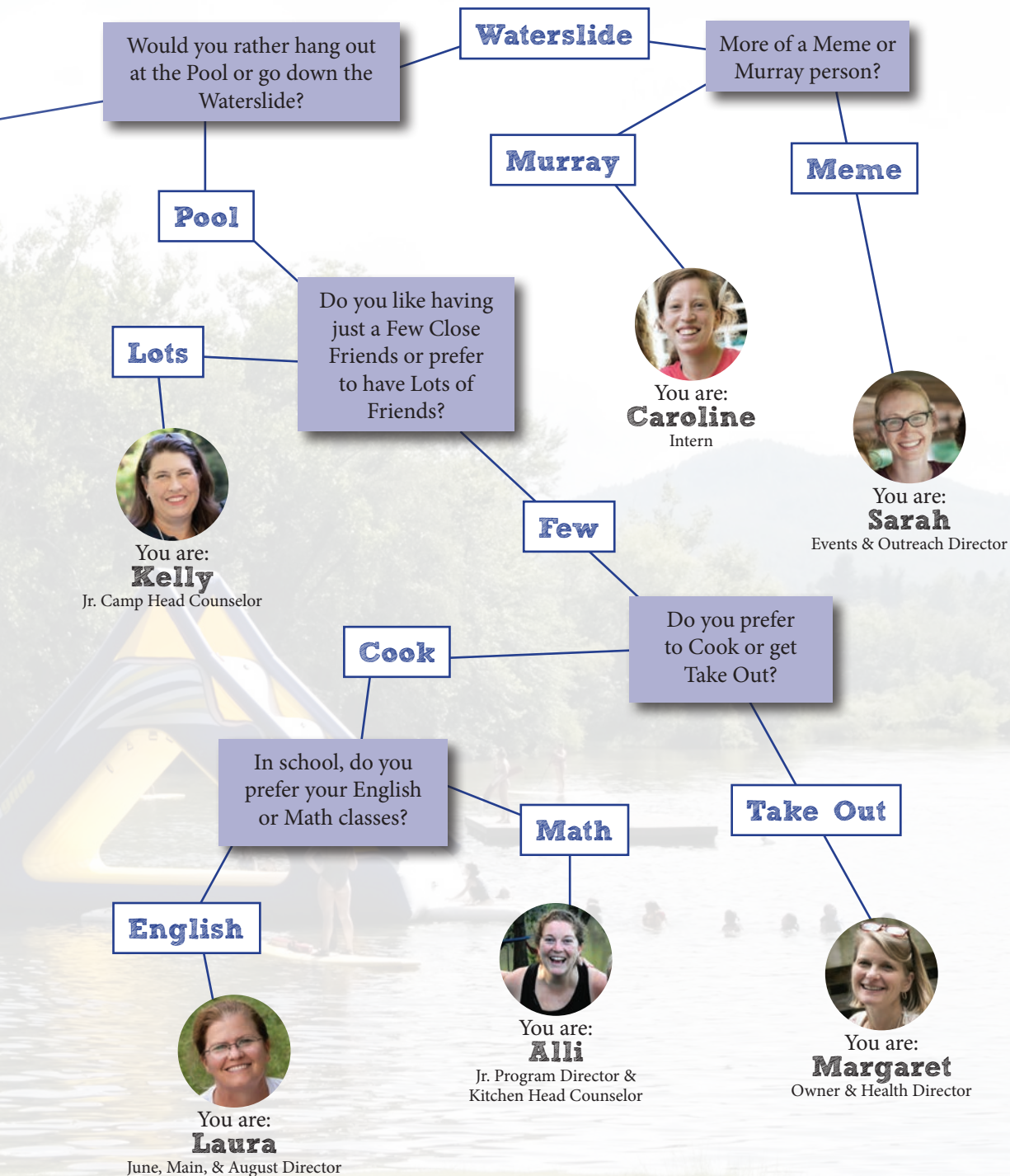


Which Greystone Director are you?

Start here:

Which of these applies to you?

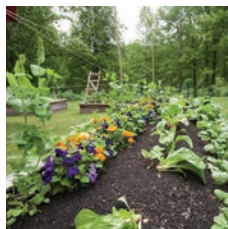






How to Get Ready for Summer 2017

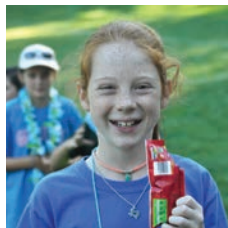
Follow along with **Smith's tips** to "train" for the best summer ever!



Plant some **seeds in a cup** and keep them in your bedroom window; you'll be ready for Farm & Garden!



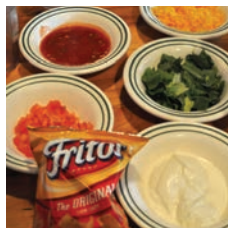
Practice **making your bed neatly**; this will help your cabin with inspection each morning.



Eat Skittles (or Frittles) after dinner at night; now you're **Candy Shoppe prepared!**



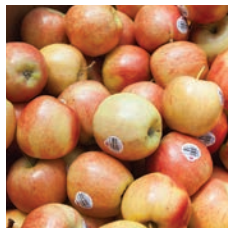
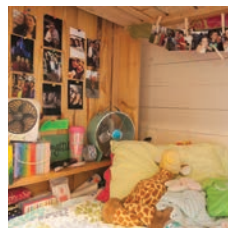
Take your dog for a walk or pet as many friendly dogs as possible; here comes Dog Camp!



Get some help with the cooking and make your own version of **Taco in a Bag** so that you're ready for a picnic!



Collect pictures for bunk decorating; you'll have a nice pile ready to **hang on your bunk on Opening Day.**



Eat an apple every day at 11:10 - you'll be ready for **Apple Cart** in no time.



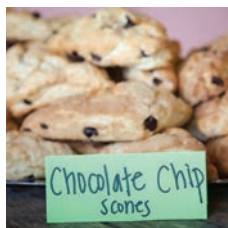
Help with **chores around the house**, and then be Captain of the Day! You are cabin-inspection ready.



Dress up in a **silly costume** and sing and dance...bring on Lip Sync!



When you hear something exciting, show some spirit fingers - you are practicing your **Silent Celebrate.**



As you go to sleep, dream about **Opening Day scores**; it will make you very excited for camp to come.



Tie up your tennis shoes and put on your backpack - you're ready to **claim your bunk** on Opening Day!





9 Things You Might Not Know about the Fruit Bar

- ❶ The fruit bar was first started in 2005 as part of a Dining Hall renovation.
- ❷ We consumed 2,064 pints of strawberries over the summer.
- ❸ The kitchen prepares 7 gallons of granola every other day.
- ❹ We ate 1440 pints of yogurt which is equivalent to 180 gallons.
- ❺ The kitchen's favorite fruit to prep is pineapple—all of the staff snags pieces to eat!
- ❻ We purchase all of our produce from Paul Collins in Asheville three times a week.
- ❼ We're the only camp in the area to buy fresh, whole produce.
- ❽ The most popular fruit is blueberries while the least popular is honeydew.
- ❾ Including the rest hour watermelon, we served 372 watermelons.

Learn some Kitchen Lingo



- **Silver Cow:** The milk dispenser in the Salad Bar room. It holds 10 gallons of milk at a time.
- **Big Mama:** The 80 quart mixing bowl we use to make everything from bread to Oreo Cream Pie to Cheesy Chicken goup.
- **Goup:** Any time a recipe calls for solids and liquids to be combined making a gooey consistency (i.e. Lasagna's White Goup is made of ricotta, egg, and parmesan.) In real life it's spelled "goop".
- **Slop:** All of the leftover food from meals, produce rinds, and scrap food pieces are gathered in red trash cans. Duane, a local hog farmer, picks up three or four full trash cans every morning to feed to his pigs.
- **Chester:** No dish is clean until it goes through Chester, the dish machine!
- **Brazier:** The two big gas-heated bowls on Cook Side that act like a large sauce pan. We use them to make everything from spaghetti sauce to pan-frying the pork chops.
- **T.R.C.:** We separate all of our Trash, Recycling, and Compost in the kitchen.
- **Fountain of Youth:** The water spigots in the salad bar room.

Have a Camp Breakfast on the Go



Since breakfast is *one of the most important meals of the day*, we have a Breakfast Crew in the kitchen that comes in at 6:00 a.m. every morning to ensure the best start to your day at camp.

Here are five of our favorite meals adapted for on-the-go mornings from our Kitchen Head Counselor Alli so that you don't have to wake up that early to enjoy a *Greystone Breakfast at home*.



HAM AND CHEESE BAGELS

Preheat your oven to 350 degrees. Split open one plain bagel per person. Lay them face-up on a sheet pan lined with parchment paper. Top with a slice of your favorite cheese and a single slice of ham. Bake for 12-15 minutes, or until it's toasted to your liking!

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PERSONAL FRITTATAS (Makes 12 muffins)

3-4 slices of bread, torn into small pieces (enough to fill muffin tins halfway) or tater tots

1 cup shredded cheddar cheese

8 eggs

1 cup milk

2 teaspoons ground mustard

1 teaspoon ground pepper (or more or less to taste)

1 teaspoon salt

Directions:

1. Preheat oven to 400 degrees. Grease muffins tins.
2. Drop bread pieces or tots evenly in muffin tins until they fill up the tin halfway.
3. Sprinkle cheese evenly in each tin.
4. Whisk together eggs, milk, mustard, salt, & pepper.
5. Pour egg mixture evenly in each muffin tin.
6. Bake for 15-18 minutes or until golden brown on top and cooked through the middle.

* You can prepare the frittatas the night before. Pop them into the oven straight from the refrigerator!

* Add toppings like bell peppers & onions or ham.

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SWEET GEORGIA MUFFINS

2 cups sugar

1 t. cloves

1 cup oil

1 t. nutmeg

3 eggs

1/2 t. salt

2 cups canned yams

1/2 t. baking powder

3 cups sifted flour

1 t. cinnamon

1 t. baking soda

Directions:

Beat together sugar, oil and eggs. Add yams to egg mixture. Mix dry ingredients; add to egg mixture. Fold in just enough to moisten; do not beat. Pour into greased muffin tins. Bake at 350 for 15-20 minutes.

GREYSTONE GRANOLA

Large tub old-fashioned rolled oats

1/2 cup sesame seeds

1 teaspoon sea salt

1/2 cup cinnamon

2 teaspoons ground ginger

1 1/4 cups soybean oil

1 tablespoon pure vanilla extract

2 cups pure maple syrup

1/2 cup molasses

1/4 cup water, as needed

Dried Fruits (optional): raisins,

banana chips, craisins, dried

cherries, dried apricots

Directions:

1. Preheat oven to 350.
 2. Mix dry ingredients in a bowl.
 3. Add liquid ingredients, adding water last and only to moisten the oatmeal.
 4. Spread mixture in an even, loose, 1/2-inch thick layer onto parchment-covered sheet pans.
 5. Bake for 20 minutes.
 6. Loosen up the granola by chopping at it and stirring it in pan.
 7. Bake for 5-8 more minutes. (Keep an eye on it to make sure it doesn't burn.)
 8. Cool completely and mix in dried fruit.
-

MASON JAR PARFAIT

Grab several wide mouth mason jars. Layer yogurt, granola, and your favorite fruit, filling the jar up halfway. Repeat to have six layers total. You can prep these the night before for a breakfast on the run.

Don't forget your spoon when you're walking out the door!

Enjoy, Greystone Girls!

Six Camp Styles to Try at Home

Don't worry, my friends, just because the summer has ended doesn't mean your camp clothes have to get packed away until next summer! Here are **six ways to incorporate your camp wardrobe into life at home.**



Caroline shows us Style 1 and Style 5. #greystonestyle #hip



Style 1 Stumblers shirt

This summer, if you “paid the price for the promise of the prize,” you became the proud owner of a soft-like-butter replica of the very first Stumblers shirt. The next time you're feeling nervous about a test or your sport's season

starting, throw on your Stumblers shirt. After all, if you can run three miles, you can ace a test!

Style 2 White Vneck Shirt

Chances are you're not wearing whites on Sundays at home, but why not throw on a classic white v-neck from this summer? A true camp classic! Maybe choose the one without the pizza stain from the Sunday picnic dinner...



Style 3 Wildlife Wednesday

In the real world, Wednesday is just a regular day. Not so at camp, where classes and the dining hall fill up with dog, wolf, and tiger shirts. Why not spice up your Wednesday at home, too? Get some friends to join in the fun and wear your wildlife shirts to school or soccer practice.



Style 4 Miley Buns

Some of you participated in Miley Bun Monday this summer. It's a hairstyle that, in the words of Laura Hollowell, is "quality!" It's a great way to keep your hair out of your face for anything from studying to impromptu dance parties. Keep rocking those Miley buns, friends!



Style 5 Chacos

By the time camp is finished, your Chacos are perfectly shaped to your foot...and maybe also a little stinky. Don't let them sit in the closet! Wear your Chacos, and give your toes some sunshine!



Style 6 One-Piece Bathing Suit

Having a hard time getting your one-piece tan lines to fade? Keep the one-piece party going! Not only is it modest, it's also better for showing off the awesome synchro moves you learned this summer.





This summer our staff was amazing and shined in so many ways. Here are a few tidbits that you might not know about the superheroes you called counselors this summer.

We Love Our 2016 Counselors

2016 Counselor Facts:

- Came from 81 different universities
- The largest group came from the University of Georgia (17!)
- They span 24 different states
- They gave **\$5,5806.32** of their paychecks to the Great Day Fund to ensure that all girls have the opportunity to come to camp
- They gave 3,246 devotions
- Loved on 1510 girls over the course of one summer
- Served 247,000 plates

Their Favorite Things:

- Creating relationships with campers
- Being able to serve selflessly
- Quiet times and DMCs
- Seeing the Lord move in your lives
- Getting to play
- Opening Vespers
- Being able to let girls have fun outside
- Concerts on Sundays
- Rolling down the hill with cabins after Evening Program
- Being able to support you girls and watch you grow





2016 Favorite Classes

Cooking • Metal Jewelry • Synchronized Swimming • Tennis • Zumba





Favorite Events 2016

Carnival • Would You Rather • Seniorpalooza • Corn Roast • Derby/Play





2017 Contest

Design Your Own Class

We love having contests at camp, and this year's contest is the BEST one we have every had! What is it? **You can design your own Greystone class!** That's right, this year you will get a chance to submit an idea for an activity class, and if your activity is chosen, camp will offer the class in 2017 for June, Main and August camps! How amazing is it that you could be the creator of a brand new class at Greystone!!

What do you need to know to enter the contest? Follow these instructions:

- ❶ Go to our Contest Form to submit your idea:
<https://campgreystone.wufoo.com/forms/create-your-greystone-class/>
- ❷ Please include the name of the class, what campers would do in the class, and anything else that would be relevant so that we understand your idea.
- ❸ You can submit a class idea by yourself or with a group of friends.
- ❹ You must be coming to camp in 2017 to win the contest.
- ❺ Questions? E-mail sarah@campgreystone.com.

VIDEO BONUS If you submit a video for your class and your class is chosen, your cabin will win an extravagant party this summer!

Deadline for submission: December 1, 2016



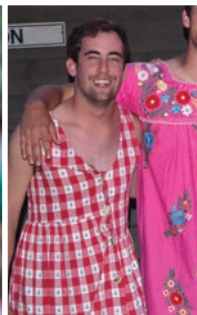


Congratulations to Catherine and Peter!



Catherine and Peter are Engaged!

Catherine Miller and Peter Elbaum were engaged on September 3rd while on a Miller family trip to Folly Beach! Catherine, as you know, has spent her whole life at Greystone. She and Peter, who is originally from Murfreesboro, TN, started dating while they were at Wofford College. Peter served on Men Staff for one year and as our Travel Director for two years. They are excited about planning a spring wedding, and we are thrilled for them both!! Best wishes!!



Join us all year long!



Surveys, updates, great reads, and more on our Camp Greystone Facebook page. Like us today so you don't miss out!

Relive the summer fun with our steady stream of camp photos.

Snap us! We'll Snap you back! Follow along with the pictures in our Story.

Connect with us for fun facts, updates, and more!

Follow along with our boards to find Packing Lists, fun articles, and Things all Greystone Girls Should Know.

Our blog is the place to be! We are posting a favorite Greystone recipe each month, downloads for your phone, computer backgrounds, the top 5 things our Directors are loving in our Friday Five series each week, great summer picture,; and other fun updates and stories. Check it out!



Four Fold Challenge

Each month on our blog, we are having a different contest you can enter that encourages you to grow in the Four Fold way (Spiritually, Mentally, Socially, and Physically). Each month we will have a new challenge for you; tag us using #fourfoldchallenge in any pictures or e-mail them to cat@campgreystone.com for your chance to win a fun prize. In September, we encouraged you to recreate Stumblers at home. October challenges you to grow spiritually with the Lord on a daily basis. Check the blog in early November for the next challenge!



Greystone

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